



## Covid Committee Recommendation Transitioning to Paddling and Programs

The COVID Committee met on February 15, 2021 and created the following recommendation to safely transition our membership back into paddling and other programs. The committee had the guidance and input from three local medical professionals (MUSC, RSFH, and Trident Medical Center).

The committee understands the desire of all of our paddlers to return as soon as safely possible. We believe that the following plan will allow us to safely return – in phases – with the knowledge that eventually everyone will be back together again barring any unforeseen developments with the pandemic.

### Phase Ia

DBC will begin paddling for members who meet the following eligibility criteria:

1. Members who are fully vaccinated +14 days
2. Have had COVID-19 in last 180 days (6 months)
3. Who have a positive Antibody test 180 days (6 months).

We plan to use one or two boats with reduced capacity. Each paddler must wear a CDC-approved mask at all times on dock and in boats. Once we determine the eligible paddlers and availability of steers, coaches, and safety boat drivers we will determine start dates (dates will begin after daylight saving time). Paddlers will be expected to provide or comply with the following prior to practice date:

- Show a completed vaccination card (may vary depending on type of vaccine) to the Program Coordinator or Executive Director before being able to participate.  
**OR**
- Provide evidence of a positive COVID-19 diagnostic test result with a date of not more than 180 days old. This can be a copy of the actual test result or a doctor's note showing date of COVID diagnosis.  
**OR**
- Provide evidence of a positive antibody test with a date of not more than 180 days old. This can be a copy of the actual test result or a doctor's note showing date of antibody test.  
**AND**
- Each paddler will review and pass the Pre-Program COVID questionnaire (found on our website *under Sign Up for Practice*) at each session before being allowed to paddle.  
**AND**
- Paddlers will provide their own paddle and life vest or contact the Program Coordinator to check one out for the season.

\*\*DBC Members whose eligibility has not been checked by DBC for paddling are asked to refrain from coming to the docks during designated practice times.

### Phase Ib

DBC sanctioned social and fitness activities may resume in small group sizes as recommended by the COVID committee, with participants wearing CDC-approved masks and practicing social distancing. All activities must be planned to take place outdoors where social distancing can be realized. It is expected that Phase Ib can begin shortly after Phase Ia.

- Each participant will sign the Pre-Program COVID questionnaire (located on the DBC website *under Sign Up for Practices*) before being permitted to take part in the activity.

Guidance suggests that by early to late summer, there should be an ability for all who wish to be vaccinated to be vaccinated. In the meantime, the committee will meet monthly to review progress and the trajectory of vaccination plan and expectations for herd immunity.